

| Variable | Depression | | Anxiety | |
|--|-------------------------|-------------------------|---------------------|-------------------------|
| | Odds ratio (95% CI) | 2-Tailed <i>P</i> Value | Odds ratio (95% CI) | 2-Tailed <i>P</i> Value |
| Gender (male, female) | 0.44 (0.12 - 1.54) | .200 | 0.86 (0.41 - 1.78) | .672 |
| Age | 0.96 (0.90 - 1.01) | .097 | 1.00 (0.98 - 1.03) | .902 |
| Highest education level | | | | |
| Gymnasium vs. Primary | 7.00 (0.79 – 157.98) | .117 | 0.67 (0.09 – 3.24) | .642 |
| College vs. Primary | 0.64 (0.16 - 2.60) | .518 | 0.14 (0.02 – 0.61) | .018 |
| University vs. Primary | | | 0.33 (0.04 – 1.91) | .244 |
| Other vs. Primary | 0.60 (0.09 – 3.47) | .572 | 1.39 (0.17 – 8.49) | .729 |
| Marital Status | | | | |
| Married or De Facto Not Living Together vs. Single | 4.80 (0.99 – 26.52) | .023 | 0.91 (0.34 – 2.42) | .843 |
| Married or De Facto Living Together vs. Single | 2.26 (0.67 – 8.45) | .057 | 0.32 (0.13 – 0.73) | .010 |
| Occupational status | | | | |
| Unemployed vs. Employed/Student | 7.50 (1.40 – 59.25) | .028 | 1.44 (0.58 – 3.75) | .440 |
| Sick Leave vs. Employed/Student | 1.79 (0.42 – 7.41) | .420 | 0.96 (0.33 – 2.95) | .937 |
| Other vs. Employed/Student | 1.25 (0.27 – 5.27) | .764 | 0.43 (0.18 - 1.04) | .064 |
| Baseline (Co)morbidity | | | | |
| PHQ-9 | 1.00 (0.91 – 1.10) | .990 | 1.12 (1.05 - 1.20) | <.001 |
| FQ total | 1.03 (1.01 - 1.06) | .015 | | |
| GAD-7 | | | 1.08 (1.01 – 1.16) | .031 |
| Psychotropic Medication | | | | |
| <1 Month vs. No Medication | 0.00 (0.00 - 1.56e+122) | .992 | 2.95 (0.42 – 58.78) | .342 |
| <2 Months vs. No Medication | 3.00 (0.27 - 6.74) | .384 | 4.24e+06 (0.00 - ∞) | .988 |
| >2 Months vs. No Medication | 0.56 (0.11 - 2.43) | .438 | 1.99 (0.89 - 4.73) | .103 |
| Units of Alcohol Weekly | | | | |
| 0-5 vs. 0 | 0.97 (0.33 - 2.84) | .962 | 0.89 (0.42 - 1.90) | .751 |
| 5-10 vs. 0 | 0.00 (0.00 - 1.80e+205) | .995 | 1.56 (0.52 – 5.36) | .448 |
| 10-20 vs. 0 | 0.00 (0.00 - 2.97e+108) | .992 | 1.00 (0.22 - 5.23) | 1.000 |
| >20 vs. 0 | | | 1.27e+06 (0-∞) | .987 |

PHQ-9: Patient Health Questionnaire-9,
FQ: Fear Questionnaire
GAD-7 Generalized Anxiety Disorder-7 Scale