

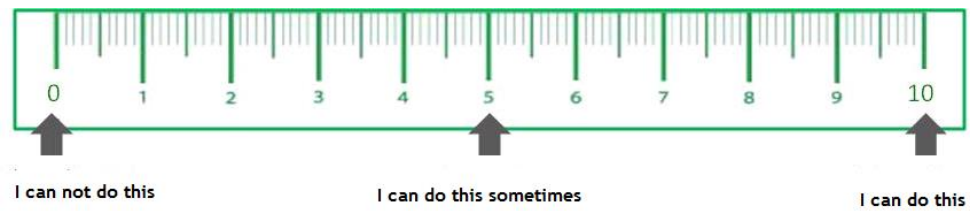
Appendix 3. Self-efficacy questionnaire.

Instructions

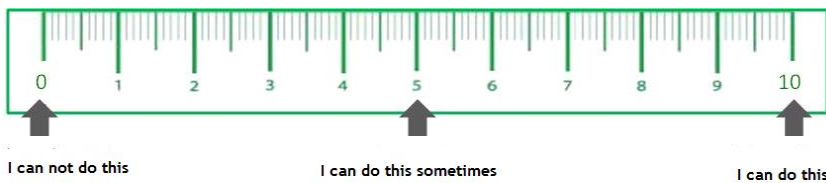
Fill in the example first, so as to know how to answer the real questions below.

Example

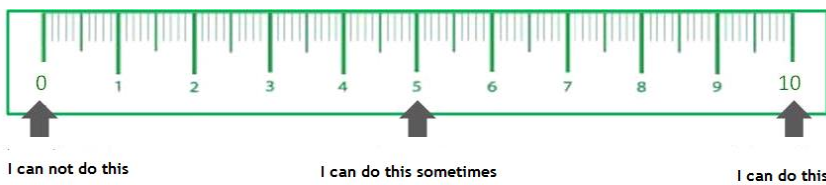
If you were asked to lift up several materials with a certain weight, how certain are you that you can lift up the following items? Indicate how certain you are by choosing a number from 0 to 10 on the scale below.



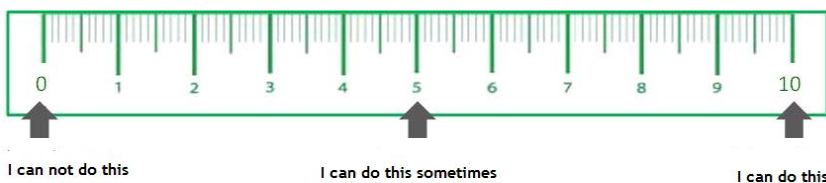
I can lift up a sugar pack



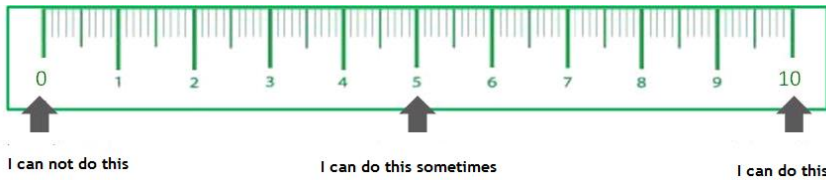
I can lift up a packed suitcase



I can lift up a table



I can lift up a car

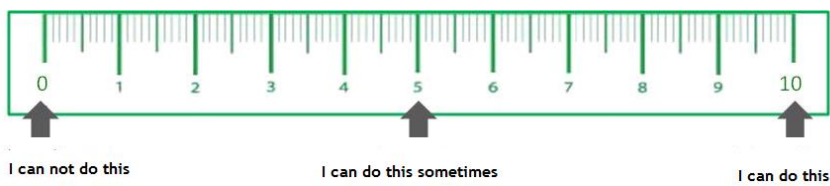


Instructions

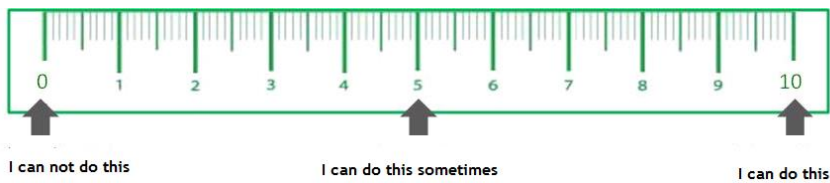
We designed this questionnaire to gain a better understanding about the things children have difficulties with.

Indicate below how certain you are that you can do these things by choosing a number from 0 to 10.

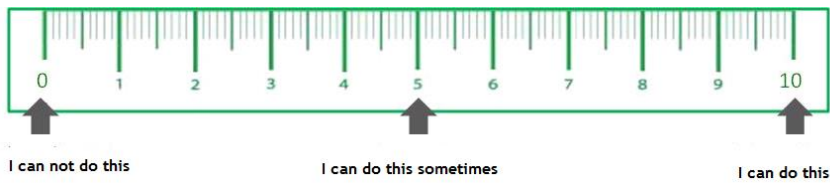
1. I am confident that I can listen to instructions while I am in a hurry.



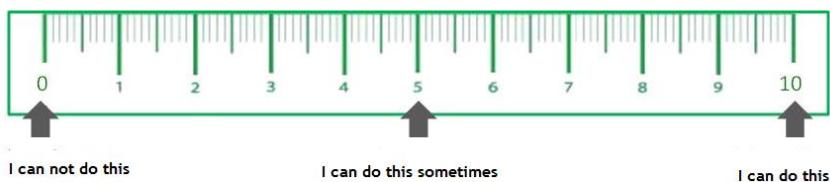
2. I am confident that I can plan my tasks within a certain time frame.



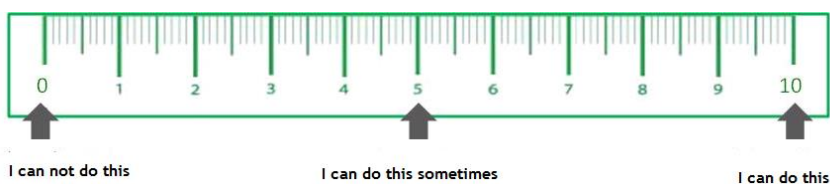
3. I am confident that I can help a friend or classmate, even when I have things to do.



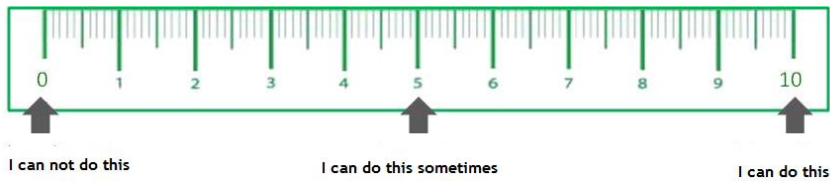
4. I am confident that I can keep track of time by looking at a clock or watch, so that I get things done on time.



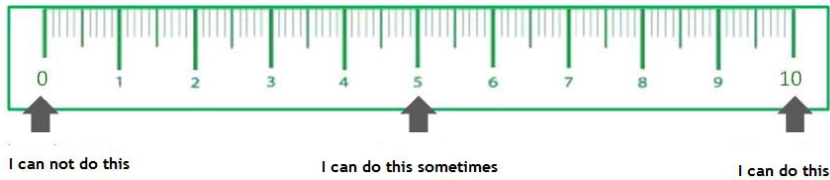
5. I am confident that I can listen to instructions people give me without interrupting them.



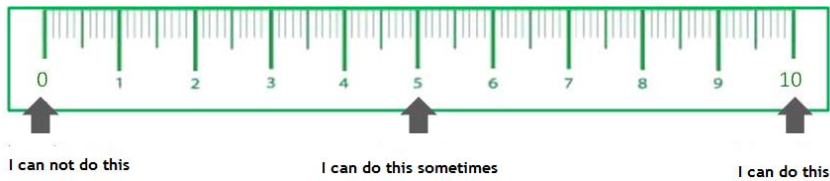
6. I am confident that I can get things done in the amount of time I planned to get them done.



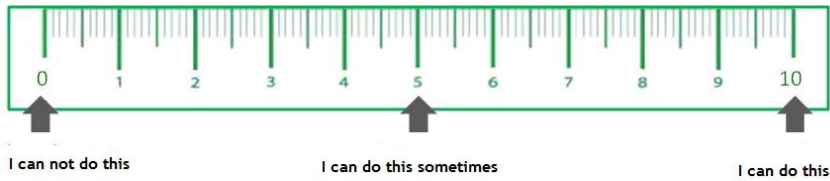
7. I am confident that I can stay focused so that I get things done in the amount of time I planned.



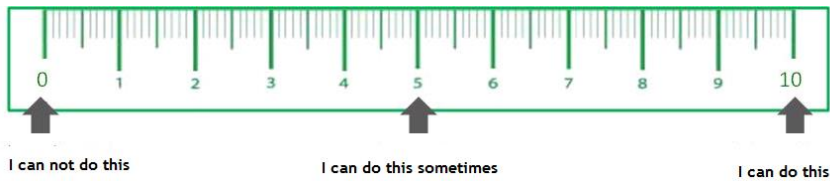
8. I am confident that I can do my tasks within the time I planned.



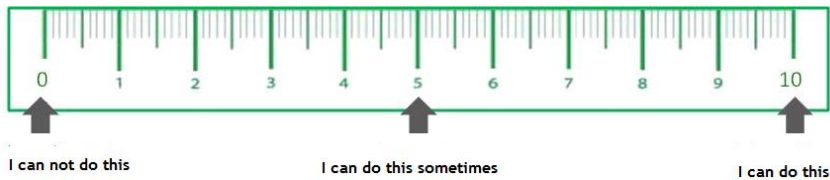
9. I am confident that I can keep trying to make a plan that works even if I fail the first time.



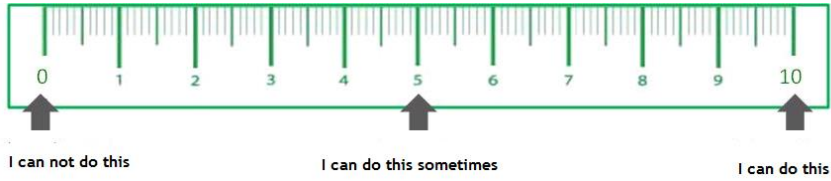
10. I am confident that I can practice to get better at finishing my tasks on time.



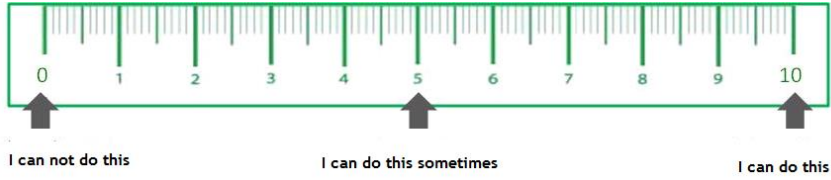
11. I am confident that I can stay calm and keep trying to succeed even when my plan doesn't work.



12. I am confident that I can get things I need to get done without getting distracted or bored.



13. I am confident that I can learn new ways to finish my tasks on time.



14. I am confident that I can keep trying to make good plans even if my plans don't work out.

