

## Multimedia Appendix 2. Order of rating scales

Specific anxiety symptoms rating scale	Depression rating scales	Quality of Life (QOL) rating scales
<p><b><i>Social anxiety disorder</i></b></p> <ul style="list-style-type: none"> <li>- Liebowitz Social Anxiety Scale (LSAS) [39,40]</li> <li>- Social Phobia Scale (SPS) [41]</li> <li>- Social Interaction Anxiety Scale (SIAS) [41]</li> <li>- Social Phobia Screening Questionnaire (SPSQ) [42]</li> <li>- Brief version of the Fear of Negative Evaluation Scale (BFNE) [43]</li> </ul>	<ul style="list-style-type: none"> <li>- Beck Depression Inventory (BDI) [35]</li> <li>- Montgomery-Asberg Rating Scale (MADRS-S) [88]</li> <li>- Patient Health Questionnaire-9 item scale (PHQ-9) [89]</li> <li>- Centre of Epidemiological Studies-Depression scale (CES-D) [90]</li> <li>- Depression Anxiety Stress Scales (DASS) [36]</li> </ul>	<ul style="list-style-type: none"> <li>- Quality Of Life Inventory (QOLI) [91]</li> <li>- WHO Quality of Life Questionnaire (QOL) [92]</li> <li>- EuroQol visual analogue scale (EQ-VAS) [93]</li> <li>- Short-Form Health Survey-12 (SF-12) [94]</li> </ul>
<p><b><i>Generalized anxiety disorder</i></b></p> <ul style="list-style-type: none"> <li>- Generalized Anxiety Disorder -7 item scale (GAD-7) [44]</li> <li>- Penn State Worry Questionnaire (PSWQ) [45].</li> </ul>		
<p><b><i>Panic disorder</i></b></p> <ul style="list-style-type: none"> <li>- Panic Disorder Severity Scale (PDSS) [46]</li> <li>- Body Sensation Questionnaire (BSQ) [47]</li> <li>- Panic and Agoraphobia Scale (PAS) [48]</li> </ul>		
<p><b><i>Phobia</i></b></p> <ul style="list-style-type: none"> <li>- Fear Questionnaire (FQ) [49]</li> </ul>		