

Multimedia appendix 3. Screenshot of the website with an example SMS sent to the patient.

The webpage shows the patient's physical activity level. An example SMS is shown on the right side of the picture, underneath it you can see the Yorbody accelerometer. For simplicity, only one of the screenshots is included in the appendix. The patient "Jan" was a pilot test person, not actually a real patient (for privacy of personal sensitive data reasons).

