

Overview of heiQ dimensions that have been reported to change during interventions.

Author, Year	Intervention type	heiQ1	heiQ2	heiQ3	heiQ4	heiQ5	heiQ6	heiQ7	heiQ8
Lee <i>et al</i> , 2015 [1]	Health technology			X				X	X
Lee <i>et al</i> , 2015 [1]	Health technology	X	X		X	X	X	X	
Lindskrog <i>et al</i> , 2017 ^a	Health technology					X			X
Laursen <i>et al</i> , 2017 [2]	Health education			X	X	X			X
Holmen <i>et al</i> , 2014 [3]	Health technology					X			
Larsen <i>et al</i> , 2014 [4]	Health technology			X	X	X			

X marks a significant positive change of that dimension in the study. Abbreviations: heiQ1 Health Directed Activity, heiQ2 Positive and Active Engagement in Life, heiQ3 Self-monitoring and Insight, heiQ4 Constructive Attitudes and Approaches, heiQ5 Skill and Technique Acquisition, heiQ6 Social Integration and Support, heiQ 7-Health services Navigation, heiQ8 Emotional distress. ^apersonal communication.

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