

Multimedia Appendix 1. Cost categories and prices (€, 2014).

Cost category	Unit	Unit cost price	Travel costs
<b>Direct medical</b>			
<i>General (mental) health care</i>			
General practitioner	Visit	33.00	4.29
Nurse practitioner	Visit	17.00	4.29
Family aid	Home visit	58.00	-
Nurse	Home visit	30.00	-
Dietician	Visit	29.70	3.42
Physiotherapist	Visit	33.00	3.42
Occupational health specialist	Visit	73.11	6.34
Social worker	Visit	65.00	3.42
Alternative healer	Visit	33.00	3.42
<i>Outpatient mental health care</i>			
Psychotherapist, psychologist or psychiatrist at an independent practice	Visit	81.00	3.95
Psychotherapist, psychologist or psychiatrist at a specialized center	Visit	112.00	4.33
Self-help group	Visit	16.00	3.32
Day-treatment	Day	169.40	4.33
Crisis department	Contact	139.67	
<i>Inpatient mental health care</i>			
Admission to an open psychiatric ward	Day	302.36	4.33
Admission to a closed psychiatric ward	Day	302.36	4.33
<i>Specialized somatic health care</i>			
Hospital emergency department	Visit	259.00	4.33
Ambulance rides	Ride	515.00	-
<b>Direct non-medical</b>			
Help with household or informal care	Hour	14.00	-
<b>Indirect non-medical</b>			

Absenteeism paid work	Hour	Male: 37.90 Female: 31.60	
Absenteeism unpaid work	Hour	14.00	
Presenteeism paid work	Hour	Male: 37.90 Female: 31.60	
Presenteeism unpaid work	Hour	14.00	