

Dropout and reasons for dropout of the studies reviewed.

Author, year, country	Dropout and completion rates	Reasons for dropout in the intervention group
Ahmedani et al, 2015, United States [41]	Dropout: 6 participants did not complete the main intervention	Technical difficulties due to wireless Internet malfunctions and other software issues
Berger et al, 2011, Switzerland [25]	Completion: Lessons completed; entire program completed:	Not reported
	IG ^a I: 6.8 (SD ^b 3.75); 9 (36%) participants	
	IG II: 8.52 (SD 2.86); 14 (56%) participants	
Berman et al, 2014, United States [31]	Completion of the entire program: 21	Not reported
	23 (87%) completed 4 and more sessions (=an adequate dose of ePST)	
Boeschoten et al, 2012, The Netherlands [42]	Completion of the entire program: 52%	24% computer-related problems; 14% lack of time; 24% stopping the intervention because of psychosocial and environmental problems such as job loss, an ended relationship, and personal or family matters; 24% other reasons as MS ^c -related problems, the intervention not meeting someone's needs, wanting to finish the intervention in their own time
	Module 1: 91%, module 2: 70%, and module 3: 64%	
	(None of the patients dropped out between modules 4 and 5)	
Burns et al, 2011, United States [43]	Dropout: 1 participant dropped out in week 3	Technical problems using the phone and website
	Completion of the entire program: 7	
Cartreine et al, 2012, United States [32]	No dropout	None because of no dropout
	Completion of the entire program: 7	
Choi et al, 2012, Australia [44]	Completion of the entire program within 8 weeks: 17 (68%), 1 additional participant finished the remaining lesson within 2 days of the program ending	Not reported
	5.56 (SD 0.77)	

Danaher et al, 2013, United States [24]	Completion of the entire program: 46 (87%)	Not reported
de Graaf et al, 2009, The Netherlands [45]	Completion (n, IG; IG+TAU ^d):	Not reported
	Session 1: 72; 76, Session 2: 63; 60, Session 3: 52; 55, Session 4: 42; 50, Session 5: 36; 47, Session 6: 31; 39, Session 7: 25; 36, Session 8: 14; 26	
	IG: 4 (SD 3.0)	
	IG+TAU: 4.0 (SD 3.4)	
Dear et al, 2013, Australia [30]	Completion of the entire program (within 8 weeks): 16 (80%); the average number of lessons completed was 4.60 (SD 0.75)	1 participant (5%) formally withdrew during the program for medical reasons, which prevented further participation
Dimidjian et al, 2014, United States [51]	Dropout: 47 participants discontinued intervention	Increase in symptom severity, lack of interest or motivation, and time burden
	Completion of the entire program: 42 (42%), 53 (53%) completed at least four sessions	
Geraedts et al, 2015, The Netherlands [46]	Dropout: 29 participants dropped out of the intervention, 16 in their own request, and 13 because of inactivity on the website	Personal or family issues (main reason), lack of time, intervention took too much time to follow, and time to complete the assignments was too short
	Completion of the entire program: 32 (26.7%)	
	Lesson 1: 105 (90.5%), Lesson 2: 87 (75%), Lesson 3: 67 (57.8%), Lesson 4: 57 (49.1%), Lesson 5: 45 (38.8%)	
Gerhards et al, 2011, The Netherlands [33]	Dropout: Among the 10 noncompleters, 3 (16.7%) never started cCBT ^e or changed to another form of help, whereas 7 (38.9%) interviewees had started cCBT	Among the 7 interviewees, 3 experienced cCBT as inconvenient and therefore changed to another form of help for depression symptoms, whereas 4 interviewees did not
	Completion of the entire program: 8 (44.4%)	
Hind et al, 2010, United Kingdom [28]	Dropout: 6 participants (2 used intervention I, 4 used intervention II) did not complete the course of cCBT	4 reported competing priorities on their time, 1 stated the content as irrelevant, and 1 gave no reason

Høifødt et al 2013, Norway [12]	Dropout: Total nonadherence was 40%	No longer in need of treatment, did not find the treatment useful, received other treatment option, got worse, moved, lack of time
	Completion: 86% of participants that started treatment (n=50), completed 2 or more modules, 3.8 (SD 1.7)	
Kay-Lambkin et al, 2011, Australia [35]	Completion of the entire program: 15 (47%); Mean of session attendance: 6.9	Not reported
Knowles et al, 2015, United Kingdom [29]	Not reported	Not reported
Kok et al, 2014, The Netherlands [47]	Completion of the entire program: 64 (58.7%); finished at least one module: 109 (84.5%), 5.5 (SD 3.1)	Not reported
Lintvedt et al, 2013, Norway [48]	Completion: 32 (74.4%) participants reported that they had used at least some of the Internet websites; 27 participants completed on average 63% (3.1 modules) of MoodGYM	Not reported
Lucassen et al, 2014, New Zealand [36]	Completion of the entire program: 17 (81%)	Not reported
McMurchie et al, 2013, United Kingdom [34]	Dropout: After group allocation, 5 participants in the IG+TAU group didn't begin their first treatment session; 9 (27.3%) IG+TAU participants dropped out before the final session	Experiencing significant deteriorations in physical health, referral for face-to-face psychological therapy
Merry et al, 2012, New Zealand [37]	Completion of the entire program: 48 (60%), 69 participants (86%) completed at least four modules, 50 participants (62%) completed most or all of the homework challenges set	Technical glitches, lack of time; lack of interest, not finding the resource helpful; being physically unwell and unable to attend appointment
O'Mahen et al, 2013, United Kingdom [49]	Not reported	Not reported
Perini et al, 2009, Australia [38]	Completion of the entire program: 20 (74%)	Not reported

Richards and Timulak, 2013, Ireland [26]	Completion:	Not reported
	4.05 (SD 2.9); 4 completed <4 sessions, 4 completed >3 sessions, 7 completed all 8 sessions	
	3.97 (SD 2.2); 2 completed >4 sessions, 5 completed >3 sessions, 3 completed all 8 sessions	
Schneider et al, 2014, United Kingdom [39]	Dropout: At 6 weeks: 45%, at 12 weeks: 63%	Not reported
	Completion: Out of a possible 20: 8.35 (SD 6.76)	
Sheeber et al, 2012, United States [40]	Completion:	Not reported
	IG I: Completion of the entire program: 63% (mean=6.4)	
	IG II: Completion of the entire program: 49% (mean=6.0)	
Stasiak et al, 2014, New Zealand [50]	Completion of the entire program: 16 (94%)	Not reported
Titov et al, 2010, Australia [27]	Completion:	Not reported
	IG I: 80% completed all 6 lessons	
	IG II: 70% completed all 6 lessons	

^aIG: intervention group.

^bSD: standard deviation.

^cMS: multiple sclerosis.

^dTAU: treatment-as-usual.

^ecCBT: computerized cognitive behavioral therapy.