

Corrigenda and Addenda

Addendum: Impacts of Digital Care Programs for Musculoskeletal Conditions on Depression and Work Productivity: Longitudinal Cohort Study

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Related Article:

Correction of: <https://www.jmir.org/2022/7/e38942>

(*J Med Internet Res* 2026;28:e97493) doi: [10.2196/97493](https://doi.org/10.2196/97493)

In “Impacts of Digital Care Programs for Musculoskeletal Conditions on Depression and Work Productivity: Longitudinal Cohort Study” [1], additional clarification has been added regarding the exercise prescription to enhance transparency and clarity of the intervention provided.

To complement the description in the original manuscript, Multimedia Appendix 5 has been added (included here as [Multimedia Appendix 1](#)) to provide an overview of the exercise interventions commonly delivered within the digital care

program, including representative exercise categories, progression principles, and illustrative dosage parameters. Detailed descriptions of condition-specific implementations of digital care programs have been reported in previously published studies [2,3], cited in the Introduction section of the original article.

These additions do not affect the study design, analyses, or conclusions of the original publication.

Multimedia Appendix 1

Overview of the exercise component framework, with illustrative exercise categories, progression principles, and dosage characteristics.

[[DOCX File, 16 KB-Multimedia Appendix 1](#)]

References

1. Costa F, Janela D, Molinos M, Moulder R, Bento V, Lains J, et al. mpacts of digital care programs for musculoskeletal conditions on depression and work productivity: longitudinal cohort study. *J Med Internet Res*. Jul 25, 2022;24(7):e38942. [[FREE Full text](#)] [doi: [10.2196/38942](https://doi.org/10.2196/38942)] [Medline: [35714099](https://pubmed.ncbi.nlm.nih.gov/35714099/)]

2. Correia FD, Nogueira A, Magalhães I, Guimarães J, Moreira M, Barradas I, et al. Home-based rehabilitation with a novel digital biofeedback system versus conventional in-person rehabilitation after total knee replacement: a feasibility study. *Sci Rep*. Jul 26, 2018;8(1):11299. [FREE Full text] [doi: [10.1038/s41598-018-29668-0](https://doi.org/10.1038/s41598-018-29668-0)] [Medline: [30050087](https://pubmed.ncbi.nlm.nih.gov/30050087/)]
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Edited by JMIR Publications Editorial Office; this is a non-peer-reviewed article. Submitted 08.Apr.2026; accepted 24.Aug.2026; published 27.Aug.2026.

Please cite as:

Costa F, Janela D, Molinos M, Moulder R, Bento V, Lains J, Scheer J, Yanamadala V, Cohen S, Correia FD

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URL: <https://www.jmir.org/2026/1/e97493>

doi: [10.2196/97493](https://doi.org/10.2196/97493)

PMID:

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