

Corrigenda and Addenda

# Correction: Effectiveness of an Internet-Based, Self-Guided, Short-Term Mindfulness Training (ISSMT) Program for Relieving Depressive Symptoms in the Adult Population in China: Single-Blind, Randomized Controlled Trial

Tingfei Zhu<sup>1</sup>, PhD; Liuyi Zhang<sup>2</sup>, MSc; Wenqi Weng<sup>2</sup>, MSc; Ruochen Gan<sup>2</sup>, PhD; Limin Sun<sup>2</sup>, MSc; Yanping Wei<sup>2</sup>, PhD; Yueping Zhu<sup>2</sup>, MSc; Hongyan Yu<sup>3</sup>, PhD; Jiang Xue<sup>4,5</sup>, PhD; Shulin Chen<sup>2</sup>, MD, PhD

<sup>1</sup>Counseling and Psychological Services, Shanghai Jiao Tong University, Shanghai, China

<sup>2</sup>Department of Psychology and Behavioral Sciences, Zhejiang University, Hangzhou, China

<sup>3</sup>Department of Physical Education, Shanghai Jiao Tong University, Shanghai, China

<sup>4</sup>The Affiliated Dongguan Songshan Lake Central Hospital, Guangdong Medical University, Dongguan, China

<sup>5</sup>School of Humanities and Management, Guangdong Medical University, Dongguan, China

**Corresponding Author:**

Shulin Chen, MD, PhD

Department of Psychology and Behavioral Sciences

Zhejiang University

No.148 Tianmushan Road

Hangzhou

China

Phone: 86 18958001648

Email: [chenshulin@zju.edu.cn](mailto:chenshulin@zju.edu.cn)

**Related Article:**

Correction of: <https://www.jmir.org/2025/1/e55583>

(*J Med Internet Res* 2025;27:e81689) doi: [10.2196/81689](https://doi.org/10.2196/81689)

In “Effectiveness of an Internet-Based, Self-Guided, Short-Term Mindfulness Training (ISSMT) Program for Relieving Depressive Symptoms in the Adult Population in China: Single-Blind, Randomized Controlled Trial” (*J Med Internet Res* 2025;27:e55583) the authors noted one error.

The following statement was added to the author contribution section:

*Jiang Xue should be considered a co-corresponding author and can be contacted at [jiang\\_xue@gdmu.edu.cn](mailto:jiang_xue@gdmu.edu.cn).*

The correction will appear in the online version of the paper on the JMIR Publications website together with the publication of this correction notice. Because this was made after submission to PubMed, PubMed Central, and other full-text repositories, the corrected article has also been resubmitted to those repositories.

*This is a non-peer-reviewed article. Submitted 01.08.25; accepted 01.08.25; published 03.09.25.*

**Please cite as:**

Zhu T, Zhang L, Weng W, Gan R, Sun L, Wei Y, Zhu Y, Yu H, Xue J, Chen S

Correction: Effectiveness of an Internet-Based, Self-Guided, Short-Term Mindfulness Training (ISSMT) Program for Relieving Depressive Symptoms in the Adult Population in China: Single-Blind, Randomized Controlled Trial

*J Med Internet Res* 2025;27:e81689

URL: <https://www.jmir.org/2025/1/e81689>

doi: [10.2196/81689](https://doi.org/10.2196/81689)

PMID:

©Tingfei Zhu, Liuyi Zhang, Wenqi Weng, Ruochen Gan, Limin Sun, Yanping Wei, Yueping Zhu, Hongyan Yu, Jiang Xue, Shulin Chen. Originally published in the Journal of Medical Internet Research (<https://www.jmir.org>), 03.09.2025. This is an open-access article distributed under the terms of the Creative Commons Attribution License (<https://creativecommons.org/licenses/by/4.0/>), which permits unrestricted use, distribution, and reproduction in any medium, provided the original work, first published in the Journal of Medical Internet Research (ISSN 1438-8871), is properly cited. The complete bibliographic information, a link to the original publication on <https://www.jmir.org/>, as well as this copyright and license information must be included.