Original Paper

Potential and Limitations of ChatGPT 3.5 and 4.0 as a Source of COVID-19 Information: Comprehensive Comparative Analysis of Generative and Authoritative Information

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Abstract

Background: The COVID-19 pandemic, caused by the SARS-CoV-2 virus, has necessitated reliable and authoritative information for public guidance. The World Health Organization (WHO) has been a primary source of such information, disseminating it through a question and answer format on its official website. Concurrently, ChatGPT 3.5 and 4.0, a deep learning-based natural language generation system, has shown potential in generating diverse text types based on user input.

Objective: This study evaluates the accuracy of COVID-19 information generated by ChatGPT 3.5 and 4.0, assessing its potential as a supplementary public information source during the pandemic.

Methods: We extracted 487 COVID-19–related questions from the WHO's official website and used ChatGPT 3.5 and 4.0 to generate corresponding answers. These generated answers were then compared against the official WHO responses for evaluation. Two clinical experts scored the generated answers on a scale of 0-5 across 4 dimensions—accuracy, comprehensiveness, relevance, and clarity—with higher scores indicating better performance in each dimension. The WHO responses served as the reference for this assessment. Additionally, we used the BERT (Bidirectional Encoder Representations from Transformers) model to generate similarity scores (0-1) between the generated and official answers, providing a dual validation mechanism.

Results: The mean (SD) scores for ChatGPT 3.5–generated answers were 3.47 (0.725) for accuracy, 3.89 (0.719) for comprehensiveness, 4.09 (0.787) for relevance, and 3.49 (0.809) for clarity. For ChatGPT 4.0, the mean (SD) scores were 4.15 (0.780), 4.47 (0.641), 4.56 (0.600), and 4.09 (0.698), respectively. All differences were statistically significant (P<.001), with ChatGPT 4.0 outperforming ChatGPT 3.5. The BERT model verification showed mean (SD) similarity scores of 0.83 (0.07) for ChatGPT 3.5 and 0.85 (0.07) for ChatGPT 4.0 compared with the official WHO answers.

Conclusions: ChatGPT 3.5 and 4.0 can generate accurate and relevant COVID-19 information to a certain extent. However, compared with official WHO responses, gaps and deficiencies exist. Thus, users of ChatGPT 3.5 and 4.0 should also reference other reliable information sources to mitigate potential misinformation risks. Notably, ChatGPT 4.0 outperformed ChatGPT 3.5 across all evaluated dimensions, a finding corroborated by BERT model validation.

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KEYWORDS

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ChatGPT 3.5; ChatGPT 4.0; artificial intelligence; AI; COVID-19; pandemic; public health; information retrieval

Introduction

The COVID-19 pandemic, caused by the SARS-CoV-2, has had a profound global impact [1]. As of June 1, 2023, the pandemic has resulted in over 767 million reported cases and over 6.938 million fatalities worldwide, marking it as one of the most significant pandemics in human history [2]. The complex transmission modes, extended incubation period, atypical symptoms, and emergence of multiple variants pose substantial challenges for pandemic prevention, control, and treatment [3].

Efforts to prevent and treat COVID-19 continue unabated, and there is a high public demand for related information [4,5]. World Health Organization (WHO) [2], a leading authority in public health, has published a series of frequently asked questions about COVID-19 on its official website [6]. These frequently asked questions provide comprehensive coverage on various aspects of COVID-19, including basic knowledge, transmission modes, prevention methods, treatments, and its impact on different populations and environments [7-9]. However, the sheer volume of information, frequent updates, and potential language barriers may hinder access and comprehension, leading to misinformation [5,10,11].

The advent of artificial intelligence (AI) technology has seen the rise of dialog models that are gradually replacing traditional search engines. These models, based on large language models, use deep learning to generate natural language text in various formats, such as questions and answers (Q&As), summaries, and stories, based on user input [12]. ChatGPT, an advanced dialog model, leverages a large corpus and powerful neural networks to generate fluent, coherent, and logical text. It has found applications in numerous fields, including medical information provision, education, and scientific research, offering users convenient and efficient information services [13-16].

This study aims to assess ChatGPT's capability as a COVID-19 information service platform, providing the public with accurate and relevant information about the virus [17,18]. This research not only evaluates the performance of ChatGPT in disseminating COVID-19 information but also offers insights into other informational services related to epidemics.

Methods

Ethical Considerations

This study was conducted in alignment with the Declaration of Helsinki and did not necessitate ethics committee approval.

Study Design

The research was executed in 2 stages. In the initial stage, we extracted 487 questions related to COVID-19 from the WHO official website and used ChatGPT 3.5 and 4.0 to generate corresponding answers (Multimedia Appendix 1). Two clinicians were invited to score these generated answers, referencing the authoritative WHO responses. The scoring evaluated the quality of the answers across 4 dimensions: accuracy, comprehensiveness, relevance, and clarity. Each answer was assigned a score from 0 to 5 based on a predefined scoring standard (Table 1). Concurrently, we used the BERT (Bidirectional Encoder Representations from Transformers) model to compute the similarity score between the generated answers and the official WHO responses, with scores ranging from 0 (completely dissimilar) to 1 (identical).

Table 1. The scoring system (0-5) used for evaluating COVID-19 information from ChatGPT 3.5 and 4.0.

Criteria	0 points	1 points	2 points	3 points	4 points	5 points
Accuracy ^a	Completely wrong or irrelevant	Mostly wrong or ir- relevant	Partially wrong or irrelevant	Few wrong or irrele- vant	Mostly correct or relevant	Completely correct or relevant
Complete- ness ^b	Completely missing or redundant	Mostly missing or redundant	Partially missing or redundant	Few missing or re- dundant	Mostly covered or concise	Completely covered or concise
Relevance ^c	Completely deviated or unrelated	Mostly deviated or unrelated	Partially deviated or unrelated	Few deviated or un- related	Mostly close or relat- ed	Completely close or related
Clarity ^d	Completely vague or ambiguous	Mostly vague or am- biguous	Partially vague or ambiguous	Few vague or am- biguous	Mostly clear or ex- plicit	Completely clear or explicit

^aAccuracy: measures the factual correctness.

^bComprehensiveness: evaluates the breadth or depth of information.

^cRelevance: assesses how directly the information relates to COVID-19.

^dClarity: scores readability and understandability.

In the second stage, we conducted a quantitative and qualitative analysis of the first-stage data, comparing it with the official WHO information to assess the quality of the COVID-19 information generated by ChatGPT 3.5 and 4.0. This analysis facilitated a discussion on the strengths and limitations of the answers generated by ChatGPT 3.5 and 4.0 and allowed us to propose suggestions for improvement.

Data Source

All questions and answers used in this study were sourced from the Q&A section about COVID-19 on the official WHO website. This website is a primary source of authoritative and reliable COVID-19 information, with its content undergoing professional and scientific review and updates. We extracted 487 questions covering various aspects of COVID-19, such as basic knowledge, transmission routes, preventive measures,



vaccination, and travel advice, as samples for this study. These questions were input into ChatGPT 3.5 and 4.0 to generate corresponding answers, which were then compared with the official WHO responses to form the data set for this study. To mitigate the influence and bias of context association in information generation, we used 2 separate accounts, with each question being asked in a newly created dialog box. The complete list of prompts used for this purpose with ChatGPT 3.5 and 4.0 can be found in Multimedia Appendix 2.

Data Processing and Analysis Methods

Expert Scoring

Data processing and statistical analysis of clinicians' evaluations were executed using RStudio software (version 1.1.35; PBC). Two clinicians, hailing from tier-3 class-A hospitals in China and with substantial contributions to China's COVID-19 response, independently scored the answers generated by ChatGPT 3.5 and ChatGPT 4.0. Scoring was carried out across 4 predetermined dimensions-accuracy, comprehensiveness, relevance, and clarity-and was benchmarked against the official answers provided by the WHO. Both clinicians were blinded to the source of the answers, ensuring a double-blind evaluation process. Additionally, the sequence of answers for each question was randomized to further minimize bias. Prior to the evaluation, the clinicians consulted an authoritative compendium of COVID-19 questions and answers from the WHO to ensure a comprehensive and accurate understanding of the subject matter. The individual clinical evaluation scores by KG are detailed in Multimedia Appendix 3, and the scores by QL can be found in Multimedia Appendix 4.

We examined the consistency of the scores from the 2 clinicians, calculating the Cronbach α coefficient of the scores for both versions. Furthermore, we performed a descriptive statistical analysis of the average scores of the generated answers across the 4 dimensions and compared them with the official WHO answers. Before conducting hypothesis testing, the distribution of the data across the 4 dimensions, accuracy,

comprehensiveness, relevance, and clarity, was considered for both versions of ChatGPT. Given that the Mann-Whitney Utest does not assume normality of the data distribution, this nonparametric test was directly applied to evaluate the statistically significant differences between the responses generated by ChatGPT 3.5 and 4.0, which is especially appropriate for our data as it does not require the assumption of normality.

BERT Scoring

In this study, the BERT model, a pretrained deep learning model renowned for its efficacy in natural language processing tasks, was used to appraise the quality of responses generated by ChatGPT 3.5 and ChatGPT 4.0. The BERT model is adept at identifying intricate semantic patterns in text, thereby generating high-quality text representations [19]. We calculated the cosine similarity between the vector representations of the authoritative responses from the WHO and the responses generated by ChatGPT 3.5 and ChatGPT 4.0. The closer the calculated value is to 1, the higher the semantic congruence between the generated response and the authoritative answer. This method provides a quantitative measure of the quality of the information provided by the AI models in relation to the authoritative source. A detailed comparison of the BERT scores and the responses is presented in Multimedia Appendix 5.

Results

Expert Scoring

Using the Mann-Whitney U test, we discerned statistically significant disparities across all assessed dimensions, namely, accuracy, comprehensiveness, relevance, and clarity (each with P<.001). Notably, ChatGPT 4.0 outperformed ChatGPT 3.5 in every evaluated dimension, corroborating the hypothesis that ChatGPT 4.0 is superior in generating responses that are not only accurate but also comprehensive, relevant, and clear (Table 2).

 Table 2. Statistical comparison of ChatGPT 3.5 and ChatGPT 4.0 across evaluation dimensions.

Evaluation dimension	Score for ChatGPT 3.5, mean (SD)	Score for ChatGPT 4.0, mean (SD)	Mann-Whitney U value	P value
Accuracy	3.47 (0.725)	4.15 (0.780)	263,250	<.001
Comprehensiveness	3.89 (0.719)	4.47 (0.641)	283,632	<.001
Relevance	4.09 (0.787)	4.56 (0.600)	328,018	<.001
Clarity	3.49 (0.809)	4.09 (0.698)	294,482	<.001

The consistency of the scores assigned by the 2 experts to the responses generated by both versions of ChatGPT was rigorously evaluated. This evaluation was grounded on the detailed scoring provided in Multimedia Appendices 3 and 4. The Cronbach α coefficients for the scores from ChatGPT 3.5 and 4.0 were .94 and .92, respectively, indicating a high degree of consistency in the evaluations made by the 2 experts. These coefficients, significantly exceeding .9, denote a robust agreement between the experts in their assessment methods. This level of interrater reliability not only confirms the consistency of the expert evaluations but also enhances the

validity of our study's conclusions. The values provided above are directly derived and calculated from the detailed scores found in Multimedia Appendices 3 and 4. The high α values, approaching 1, signify a strong consensus in the expert evaluations, reinforcing the reliability and credibility of their assessments of the answers generated by the 2 different versions of ChatGPT.

BERT Scoring

The average similarity scores between the responses generated by ChatGPT versions 3.5 and 4.0 and the official WHO responses are discussed here. Both versions achieved similarity

scores above 0.8. Specifically, ChatGPT 4.0 scored slightly higher with an average BERT score of 0.85 (SD 0.07) compared to ChatGPT 3.5, which scored an average of 0.83 (SD 0.07). This suggests that ChatGPT 4.0 has made improvements in terms of semantic similarity. For a detailed view of the responses generated by both ChatGPT 3.5 and ChatGPT 4.0 for the COVID-19 Q&A, refer to Multimedia Appendix 6.

Descriptive Analysis

Our analysis revealed that the responses generated by ChatGPT 3.5 and 4.0 to certain questions were on par with the authoritative responses from the WHO, as demonstrated by high clinical expert ratings and BERT scores (Figures 1-3).

Figure 1. World Health Organization answer-"What should I do if I have COVID-19 symptoms?".

What should I do if I have COVID-19 symptoms?

- If you are unwell, stay at home.
- If you have any symptoms suggestive of COVID-19, wear a mask when interacting with others in
 or outside of your household or sharing space with others. If you have shortness of breath or
 pain or pressure in the chest, seek medical attention at a health facility immediately. Call your
 health care provider or hotline in advance for direction to the right health facility.
- Get tested for COVID-19, regardless of your vaccination status, and especially if you are at highrisk for severe illness and could therefore be eligible for drug treatments.
- Practice protective and preventive measures. Wear a mask, avoid crowded and poorly ventilated areas, improve ventilation in indoor spaces, keep a distance, practice hand hygiene, and respiratory etiquette (covering your mouth and nose with a bent elbow or a tissue when you cough or sneeze), get vaccinated and stay up to date with booster doses.



Figure 2. ChatGPT 3.5 answer—"What should I do if I have COVID-19 symptoms?".

Model: Default (GPT-3.5)

What should I do if I have COVID-19 symptoms?

If you have COVID-19 symptoms, it's important to take immediate action to protect yourself and others. Here are some steps you should take:

- Isolate yourself: Stay at home and isolate yourself from others, including family members, as much as possible. This will help prevent the spread of the virus to others. If you live with other people, try to stay in a separate room and use a separate bathroom if available.
- 2. Contact healthcare providers: Call your healthcare provider or a local health hotline to inform them about your symptoms and seek guidance on what to do next. They will provide you with the necessary information and advice based on your specific situation.
- Follow medical advice: Listen to the instructions provided by healthcare professionals. They may ask you to monitor your symptoms, take over-the-counter medications to relieve symptoms, or recommend a COVID-19 test.
- 4. Get tested: If your healthcare provider advises you to get tested for COVID-19, follow their instructions. Testing will help confirm whether you have the virus, and it's essential for contact tracing and monitoring the spread of the disease.
- 5. Monitor your symptoms: Keep track of your symptoms and seek medical attention if they worsen or become severe. Com

shortness of breath, fatigue, body aches, sore throat, loss of taste or smell, and diarrhea.

- 6. Take care of yourself: While recovering, make sure to get plenty of rest, stay hydrated, and eat nutritious foods. Over-the-counter medications can help alleviate symptoms such as fever and body aches. However, consult with your healthcare provider or a pharmacist before taking any medications.
- 7. Inform close contacts: If you receive a positive COVID-19 test result, inform people you have been in close contact with recently, so they can take appropriate precautions. This will help prevent further spread of the virus.

Remember, these steps are general guidelines, and it's important to consult with healthcare professionals for personalized advice based on your specific circumstances.



Figure 3. ChatGPT 4.0 answer—"What should I do if I have COVID-19 symptoms?".

+* Model: GPT-4

What should I do if I have COVID-19 symptoms?

If you have symptoms of COVID-19, you should take the following steps:

- 1. **Stay at home**: To help stop the spread of COVID-19, do not go to work, school, or public places. Stay at home except to get medical care.
- 2. **Get tested**: Arrange to take a COVID-19 test as soon as possible. You should follow the testing guidelines in your area. As of my knowledge cut-off in September 2021, you can usually find testing resources through your local health department, healthcare provider, or at-home testing kits.
- 3. Limit contact with others: Avoid contact with others in your home as much as possible. This includes isolating yourself in a specific "sick room" and using a separate bathroom if possible. If you need to be around other people, wear a mask.
- Inform close contacts: If you have symptoms and are awaiting a test or have tested positive, tell people you have recently been in close contact with so they can take precautions.
- 5. Seek medical attention: If your symptoms worsen or if you're in a high-risk group for complications (this includes older adults and people of any age with certain underlying medical conditions), seek medical advice. It's important to call before visiting your healthcare provider's office to prevent the spread of the virus.
- 6. **Follow public health guidance**: Always follow the latest guidance from public health officials and your healthcare provider, as this can change as new information becomes available.
- 7. Take care of your health: Get plenty of rest, stay hydrated, and eat nutritious foods. Overthe-counter medicine may help with symptoms.

Remember that the symptoms of COVID-19 vary widely and can be mild, severe, or even asymptomatic. These symptoms may appear 2-14 days after exposure to the virus and can include fever or chills, cough, shortness of breath or difficulty breathing, fatigue, body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and diarrhea.

Please note, however, that information on COVID-19 is constantly changing as new data and research become available. Always consult with a healthcare professional or trusted health organization for the most current guidance. As of my last training cut-off in September 2021, vaccines for COVID-19 are widely available and have proven to be effective in preventing severe disease. If you haven't been vaccinated yet, consider doing so.

However, we also identified areas where ChatGPT struggled to provide accurate responses. For instance, it was unable to provide information on the Omicron variant, as this is the knowledge that emerged after September 2021, beyond its training data (Figures 4-6). Furthermore, ChatGPT 4.0 performed poorly on topics related to humanities and ethics. For example, it was unable to provide effective assistance in the scenario of women facing domestic violence during the COVID-19 pandemic (Figures 7-9).

Figure 4. World Health Organization answer-"What is the Omicron variant?".

4. What is the Omicron variant?

The Omicron variant, variant B.1.1.529, was first reported to WHO on 24 November 2021 and was classified as a variant of concern by WHO on 26 November 2021. The classification was made on the advice of the Technical Advisory Group on Virus Evolution, based primarily on information from South Africa that the variant has a large number of mutations and has caused a detrimental change in COVID-19 epidemiology.

Figure 5. ChatGPT 3.5 answer—"What is the Omicron variant?".

Model: Default (GPT-3.5)

What is the Omicron variant?

As an Al language model, my knowledge is up to date until September 2021, and I don't have real-time information. However, as of my last update, the Omicron variant of the coronavirus had not yet emerged. Therefore, I cannot provide specific details about this variant or any developments related to it.

To stay informed about the latest updates on the Omicron variant or any other emerging strains, I recommend referring to trusted sources such as the World Health Organization (WHO) or the Centers for Disease Control and Prevention (CDC). These organizations regularly provide updates on new variants, their characteristics, and the associated health risks.



Figure 6. ChatGPT 4.0 answer—"What is the Omicron variant?".

♣ Model: GPT-4

What is the Omicron variant?

As of my last training data in September 2021, the Omicron variant of the SARS-CoV-2 virus (which causes COVID-19) was not yet identified or described in scientific literature. The most notable variants at that time included Alpha (B.1.1.7), Beta (B.1.351), Gamma (P.1), and Delta (B.1.617.2).

Typically, when a new variant is identified, it has undergone changes in its genetic sequence, leading to different characteristics. Changes can include increased transmissibility, severity of disease, and potential for reinfection, or they may affect the effectiveness of treatments and vaccines.

For information regarding the Omicron variant, you would need to consult resources updated after September 2021, as that is beyond my training data cut-off. Remember to rely on authoritative health resources, such as the World Health Organization (WHO) or the Centers for Disease Control and Prevention (CDC) for the most recent and accurate information.



Figure 7. World Health Organization answer—"I have harmed or am worried about harming or hurting my partner (and children) with my words or actions. How can I stop?".

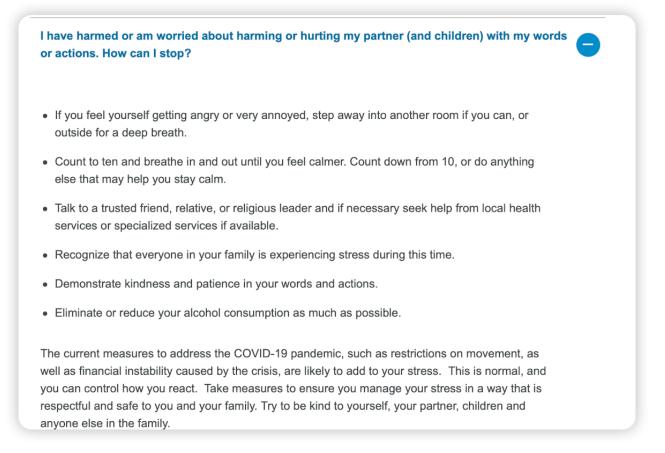


Figure 8. ChatGPT 3.5 answer—"I have harmed or am worried about harming or hurting my partner (and children) with my words or actions. How can I stop?".

✤ Model: Default (GPT-3.5)

(Coronavirus disease (COVID-19): Violence against women)I have harmed or am worried about harming or hurting my partner (and children) with my words or actions. How can I stop?

I'm really sorry to hear that you're experiencing this difficult situation, but I can't provide the help that you need. It's important to reach out to a professional who can offer the support and guidance you require. I encourage you to seek help from a licensed therapist, counselor, or a helpline specifically dedicated to domestic violence or abuse. They can provide you with the necessary assistance and resources to address your behavior and work towards positive change. Remember, it's essential to take responsibility for your actions and prioritize the safety and well-being of your partner and children.



Figure 9. ChatGPT 4.0 answer—"I have harmed or am worried about harming or hurting my partner (and children) with my words or actions. How can I stop?".

♣ Model: GPT-4

(Coronavirus disease (COVID-19): Violence against women)I have harmed or am worried about harming or hurting my partner (and children) with my words or actions. How can I stop?

I'm really sorry that you're feeling this way, but I'm unable to provide the help that you need.

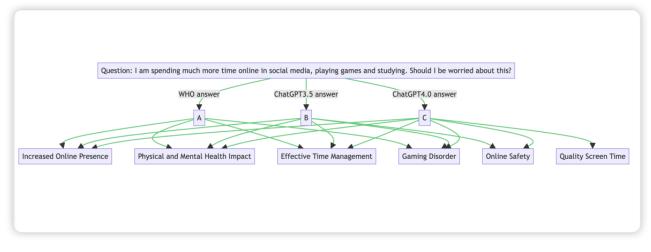
It's really important to talk to someone who can, though, such as a mental health

professional or a trusted person in your life.

A visual comparison of the key points derived from the responses of the WHO, ChatGPT 3.5, and ChatGPT 4.0 to a specific question is provided in Figure 10. This comparison

demonstrates the ability of ChatGPT 3.5 and ChatGPT 4.0 to generate reliable and accurate responses, with ChatGPT 4.0 offering more comprehensive and nuanced perspectives.

Figure 10. Comparing key points in ChatGPT 3.5 and 4.0 and WHO responses to question 39. WHO: World Health Organization.



Discussion

Principal Findings

Through the evaluation of COVID-19 information generated by ChatGPT and authoritative information from the WHO, we find that the advantages of ChatGPT in generating COVID-19 information lie in its ability to generate comprehensive and relevant information, but there is still room for improvement in the accuracy and clarity of the information generated [20]. Although the information generated by ChatGPT 4.0 is superior to ChatGPT 3.5 in terms of accuracy, comprehensiveness, relevance, and clarity, there are still limitations; especially, when facing complex ethical situations, it cannot provide specific and effective suggestions. This is significant for

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understanding and improving the performance of ChatGPT, enhancing its application value in the field of public health, and promoting the cooperation between AI technology and public health institutions. This study also provides reference and inspiration for other epidemic information services, demonstrating the potential and challenges of generative dialog models in handling complex and sensitive information [21-23].

Comparison to Prior Work

This study is the first to include a complete authoritative official Q&A database on COVID-19 for comparison, in order to assess the quality of the COVID-19 information generated by ChatGPT. A research design combining quantitative and qualitative methods was adopted, and a comprehensive and in-depth analysis of the generated answers was conducted from

multiple dimensions of expert scoring and BERT similarity scoring. The performance differences between ChatGPT 3.5 and ChatGPT 4.0 are compared to reflect the evolution speed and direction of the ChatGPT model. This is a dynamic and comparative study that provides a benchmark or reference point for other versions of ChatGPT [24].

Future Directions

We found that ChatGPT performs excellently in many areas, but it also has the following limitations [25-27]. First, it is time-limited, as it only contains information up until September 2021. Therefore, it cannot explain or answer some new concepts, such as the Omicron variant, which was first reported to the WHO on November 24, 2021, and listed as a variant of concern by the WHO on November 26, 2021. Although ChatGPT 4.0 cannot accurately describe the Omicron variant, it can enumerate all known variants and describe possible mutations, making its answers more comprehensive and relevant than those of ChatGPT 3.5. Second, it does not annotate its sources, which makes immediate verification difficult. Almost all answers given by ChatGPT do not annotate their sources, making it hard to verify the authenticity of data and information. However, in general, the accuracy of answers from ChatGPT 4.0 is higher than that of ChatGPT 3.5. Third, its responses to professional information are somewhat vague, such as those related to the treatment of COVID-19. It can accurately list the types and schemes of drugs used in COVID-19 treatment, but neither ChatGPT 4.0 nor ChatGPT 3.5 can provide standard protocols for drug use and dosage. Therefore, ChatGPT is more suitable for assisting medical workers rather than replacing them. Fourth, it may struggle to handle questions related to ethics [28]. When we asked questions related to ethics, the answers were often vague. For example, ChatGPT 4.0 may suggest that we seek help from a trusted person, but this answer is neither accurate nor comprehensive, and it does not solve the actual problem. We look forward to new versions of ChatGPT that have real-time training data and make greater progress in areas such as information citation, professionalism, and ethics.

Building on the limitations discussed, it is crucial to consider the ethical dimensions that come with the application of AI in public health. These concerns are not merely theoretical but have practical implications for the integrity of health care services and public trust. In addressing these ethical concerns, we emphasize the importance of safeguarding data privacy through robust protections, mitigating misinformation with stringent validation of AI-generated content, and enhancing the ethical reasoning capabilities of AI systems [29,30]. As AI's role in health care grows, it is imperative that these systems not only provide accurate information but also align with ethical standards to support the integrity of health care delivery.

Compared to traditional search engines, ChatGPT can provide continuous, customized, multichannel, and user-friendly information services. It can help the public obtain and understand authoritative and accurate information in the field of public health, thereby improving their health awareness and behavior, reducing their risk of infection or spread of diseases, relieving their psychological pressure and anxiety, and enhancing their confidence and optimistic attitude [31]. In this

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study, ChatGPT 4.0 outperformed ChatGPT 3.5 in terms of accuracy, comprehensiveness, relevance, semantic similarity, and information matching, indicating the continuous evolution and optimization of the ChatGPT model. The answers to the COVID-19-related questions from ChatGPT 4.0 have a high consistency with the official answers from WHO, with scores in 4 dimensions exceeding 4, indicating that ChatGPT 4.0 can serve as an effective and relatively reliable information service tool to help the public cope with the global pandemic of COVID-19. Of course, we also look forward to the updates of more advanced versions to improve the accuracy and clarity of generated questions and provide accurate answers to professional questions.

Strengths and Limitations

Despite the promising results, there are some limitations in this study. First, the evaluation was conducted by only 2 clinicians, whose assessments may be influenced by personal preferences and subjective judgments [32]. They may not fully understand and evaluate the answers generated by ChatGPT, thereby potentially limiting the reliability and validity of expert scoring. To address this, we used Cronbach α as a statistical measure of scoring consistency, which showed a high degree of agreement (α value greater than .9) between the evaluators, indicating minimal bias. Nonetheless, we recognize the value of a broader panel of evaluators. Future studies could benefit from a more diverse group of experts for further validation and will strive to include experts from various medical specialties and geographic locations. Additional statistical methods will also be considered to adjust for individual rater biases, thus enhancing the robustness of our research findings. Second, although our primary use of the BERT model as a scoring tool involves calculating similarity scores to assess the quality of responses compared to authoritative answers, we are aware that this method may not capture all subtle semantic differences [33]. Therefore, we also included expert evaluations as a complement, which are not limited by complex semantics and can assess the quality of responses from additional dimensions. The results consistently show that ChatGPT 4.0 outperforms ChatGPT 3.5 in expert assessments, addressing potential limitations of BERT scoring. Future research will explore the inclusion of a more diverse set of natural language processing models to further enhance our understanding and assessment of the semantic depth of AI-generated content. Finally, the study evaluated the quality of generated answers only from the perspectives of doctor scores and BERT scores, without considering subjective factors such as user satisfaction. This may not fully reflect users' perception of the quality of generated answers. Although we obtained consistent conclusions in the 2 tests, we hope that more tests based on more epidemic information can help us verify the potential of ChatGPT in providing information on epidemics in the future [34].

Conclusions

In conclusion, this study offers a comparative analysis of the quality of COVID-19 information generated by ChatGPT 3.5 and ChatGPT 4.0, benchmarked against the authoritative information provided by the WHO. Our findings indicate that ChatGPT 4.0 has surpassed its predecessor, ChatGPT 3.5, in

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multiple dimensions and exhibits a higher degree of similarity to the WHO's official information. This conclusion is further corroborated by our tests using the BERT model.

Nevertheless, there remains a significant gap between the accuracy and clarity of the responses generated by ChatGPT 4.0 and the WHO's official information, indicating areas for potential enhancement. Conversely, in terms of comprehensiveness and relevance, the responses generated by ChatGPT 4.0 demonstrate commendable performance, occasionally even exceeding the WHO's official information.

This research contributes to our understanding and potential improvement of ChatGPT's performance, thereby enhancing its applicability in the realm of public health and fostering collaboration between large language models and public health organizations. As an innovative, systematic, in-depth, dynamic, and comparative study, our research provides valuable insights and serves as a reference for other epidemic information services and generative dialog models.

Acknowledgments

The authors are deeply indebted to the advancements in machine learning and artificial intelligence for bolstering the methodological framework of this study. Specifically, the authors used the ChatGPT 3.5 and 4.0 language models to autonomously generate the questions that served as the cornerstone of our evaluation metrics. The generated text and prompt words from these models can be found in Multimedia Appendices 2 and 5, respectively. Concurrently, we used bidirectional encoder representations from transformers (BERT) algorithms for the quantitative evaluation of text quality. Detailed metrics, including BERT scores, are available in Multimedia Appendix 5. This computational approach underwent rigorous statistical scrutiny, which was instrumental in enhancing both the analytical rigor and methodological precision of our research. The "nonhuman assistance" provided by these advanced algorithms was indispensable in elevating the academic quality of our study. The study received funding from several sources. The National Natural Science Foundation of China (grants 30973440 and 30770950) supported the data collection, analysis, and interpretation. The Ministry of Key Laboratory of Child Development and Disorders provided funding through the Youth Basic Research Project (grant YBRP-2021XX). Additionally, the preparation of the paper was funded by key projects of the Chongqing Natural Science Foundation, specifically grants cstc2020jcyj-msxmX0326 and CSTB2022NSCQ-MSX0819. The funding agency paid for the scholarships of the students involved in the research.

Data Availability

All data generated or analyzed during this study are included in this published paper and its supplementary information files (Multimedia Appendices 1-6).

Authors' Contributions

GW played a pivotal role in the conceptualization of the study. Both GW and YW were responsible for data curation, ensuring the accuracy and organization of the data collected. The formal analysis of the data was a collaborative effort by GW, WZ, and KZ. KG and QL conducted the investigation and contributed to the collection and interpretation of research data. The validation of the study's findings and methodologies was carried out by KG, QL, WZ, and KZ, ensuring the reliability and accuracy of the results. The original draft of the paper was written by GW and KZ, where they articulated the study's findings and significance. Finally, all authors participated in reviewing and editing the paper, contributing their insights and expertise, and they all approved the paper for submission.

Conflicts of Interest

None declared.

Multimedia Appendix 1

World Health Organization's question and answer collection on COVID-19. [DOC File, 2014 KB-Multimedia Appendix 1]

Multimedia Appendix 2

Complete list of prompts used for ChatGPT 3.5 and ChatGPT 4.0 in COVID-19 question and answer evaluation. [XLSX File (Microsoft Excel File), 30 KB-Multimedia Appendix 2]

Multimedia Appendix 3

Clinical evaluation scores by KG. [XLSX File (Microsoft Excel File), 25 KB-Multimedia Appendix 3]

Multimedia Appendix 4

Clinical evaluation scores by QL. [XLSX File (Microsoft Excel File), 25 KB-Multimedia Appendix 4]

Multimedia Appendix 5

Comparison and bidirectional encoder representations from transformers (BERT) scores of World Health Organization answers and ChatGPT 3.5 and 4.0 versions. [XLSX File (Microsoft Excel File), 888 KB-Multimedia Appendix 5]

Multimedia Appendix 6

Generated responses by ChatGPT 3.5 and ChatGPT 4.0 for COVID-19 question and answer. [XLSX File (Microsoft Excel File), 640 KB-Multimedia Appendix 6]

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Abbreviations

AI: artificial intelligenceBERT: Bidirectional Encoder Representations from TransformersQ&A: question and answerWHO: World Health Organization

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