Appendices

Appendix 1: Searched terms

<table>
<thead>
<tr>
<th>Searched words</th>
<th>Conjunction</th>
<th>Disjunction</th>
<th>Examples of exact search terms</th>
</tr>
</thead>
</table>
| Cognitive, behaviour, and behavioural, therapy, CBT, mobile phone(s), application, randomised, controlled, trial, RCT | and N/A | N/A | Cognitive behavioural therapy AND mobile phone application randomised controlled trial  
CBT AND mobile phone RCT  
Mobile phone AND CBT RCT  
Mobile phone application CBT RCT  
CBT RCT AND mobile phones  
CBT randomised trial AND mobile phones |