**APPENDIX 2**

**Thought Spot Persona Example**

**ALEX—“The misunderstood youth”**

**GENDER:** Male  
**GENDER IDENTITY:** Cisgender  
**AGE:** 17  
**SEXUALITY:** Gay  
**RELIGIOUS FAITH:** Atheist  
**CITIZENSHIP:** Canadian  
**RELATIONSHIP STATUS:** In a relationship  
**NUMBER OF DEPENDENTS:** None  
**TYPE OF DISABILITY, IF ANY:** None  
**CURRENT UNIVERSITY:**  
OCAD University (Domestic student)  
**PROGRAM & FIELD OF STUDY:**  
Undergraduate – Integrated Media  
**YEAR OF STUDY:** First year  

**PERSONALITY TRAITS**  
- Talkative  
- Energetic  
- Trusting  
- Outspoken  
- Verbose  

**LIVING ARRANGEMENTS**  
- Living off campus in an apartment in Kensington market  
- Originally from a small town up north (Oro-Medonte)  

**FINANCIAL STATUS**  
- Not financially independent  
- Family income level: Middle  
- Source of funds for educational expenses: Parents and OSAP  

**TRANSPORTATION ARRANGEMENTS**  
- Does not have a car  
- Mostly walks or uses public transportation  
- Walks to school  

**INVOLVEMENT IN CAMPUS ACTIVITIES**  
- Not involved (does not know about LGBT services or groups)  

**TASKS**  
- School and homework obligations  
- Making time to see his partner (also lives in the city)  
- Looking for campus activities to be more involved in school  

**NEEDS**  
- Significant social support to keep from feeling alienated  
- Suspected symptoms of depression and needs emotional support  

**BACKGROUND INFO**  
Alex is an undergraduate student at OCAD University studying Integrated Media. He struggles with strong social barriers because of his sexuality and feels alienated from both himself and the community at large. He loves to be around people but often fears feeling rejected and can be sensitive to others.

**PROBLEMS**  
- Trouble adjusting from a rural to urban environment  
- Making friends and fear of being judged from peers  
- Anxiety around large groups of people  
- Feels as though no one understands him  
- Properly expressing his interests and himself  
- Experiences discrimination, bullying, harassment, and marginalization.  
- Concerned about physical safety  
- Deals with frequent mood swings and low moods  
- Rejected by his father over his sexual orientation → source of conflict  
- Bad relationship with father  
- Mother is supportive, but she has no say in the family  
Since it is his first year, he does not know where to find help and support. He is not aware of the services that are available to him.

**MAP NEEDS**  
- Not just clinical/counseling services but resources specifically for LGBT youth as well  
- Low barrier to access map and good descriptions of locations to encourage using the services

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"It's hard to connect with people. When I'm anxious around people I tend to talk a lot but it usually annoys people more so in the end."

"They tell you that you should just be yourself, but what if yourself is someone that's repulsed by the community at large? Sometimes I wake up and don't know how to be both "me" and someone that people will like as well."

"My dad barely talks to me these days. Telling him I was gay was probably one of the scariest experiences of my life, he was trying to hide his disappointment from me but it was just all over his face. It was horrible."