Multimedia Appendix 3

Reference list of excluded full text articles

Full text articles were discarded for the following reasons:

A) Reviews


40. Martínez-Pérez, B., La Torre-Díez, I. de, & López-Coronado, M. (2013). Mobile health applications for the most prevalent conditions by the World Health Organization: review and analysis. *Journal of Medical Internet Research, 15*(6), e120. https://doi.org/10.2196/jmir.2600


**B) Study protocols OR only study intend mentioned**


C) No participants with diagnosed affective disorder

messaging only implementations. *Journal of Medical Internet Research*, 15(4), e60. https://doi.org/10.2196/jmir.2328


national helpline: secondary outcomes from a randomized controlled trial. *Journal of Medical Internet Research*, 14(3), e68. https://doi.org/10.2196/jmir.1859


behavioral therapy (iCBT) program in manga format on improving subthreshold depressive symptoms among healthy workers: a randomized controlled trial. *PLoS ONE, 9*(5), e97167. https://doi.org/10.1371/journal.pone.0097167


outcomes from a randomised controlled trial of mobiletype. *BMC Family Practice*, 14, 84. https://doi.org/10.1186/1471-2296-14-84


86. Wang, J. (2014). A wearable sensor (Fitbit One) and text-messaging to promote physical activity and participants' level of engagement (a randomized controlled feasibility trial). Dissertation, University of California, San Diego.


adolescents: development process and postprogram findings on acceptability from a randomized controlled trial. *Journal of Medical Internet Research, 14*(1), e13. https://doi.org/10.2196/jmir.1857


D) No monitoring of objective data involving a mobile device


E) Other reasons


9. Hickie, I., Scott, E., & Merikangas, K. ([published online 2015]). Use of mobile technologies to monitor activity, sleep, and mood states to identify targets of prevention of mood disorders. *Neuropsychopharmacology. Advance online publication. https://doi.org/10.1038/npp.2015.324*


