Multimedia Appendix  8 Minnesota Nicotine Withdrawal Scale (Chinese): Insomnia subscale.

Remarks: The Insomnia subscale included the intensity of (1) difficult to sleep and (2) easily awaken at night; 0= Never, 1= Mild, 2= Moderate, 3= Severe, 4= Very severe
General linear model repeated measures analysis: Time effect $P < .01$; Group effect (A versus C) $P = .61$; Group effect (B versus C) $P = .25$; Interaction of time and group (A versus C) $P = .56$; Interaction of time and group (B versus C) $P = .20$