Multimedia Appendix 2. List of studies excluded from the review.

Published studies that were identified in the search process and were related to mental health. Upon reading the full-texts, these were subsequently excluded and are presented below alongside the reasoning for their exclusion.

<table>
<thead>
<tr>
<th>Publication</th>
<th>Reason for exclusion</th>
</tr>
</thead>
<tbody>
<tr>
<td>Finkelstein J, Lapshin O: Reducing depression stigma using a web-based program. International Journal of Medical Informatics 2007, 76(10):726-734</td>
<td>Not administered to university students, not an RCT</td>
</tr>
<tr>
<td>Freeman E, Barker C, Pistrang N: Outcome of an online mutual support group for college students with psychological problems. CyberPsychology &amp; Behavior 2008, 11(5).</td>
<td>Was RCT but only two conditions - same intervention trialled in both with no no-intervention condition.</td>
</tr>
<tr>
<td>Givi HG, Imani H, Agh A, Rik NM, Mehrabadi S: Efficiency of computerized cognitive behavioral therapy versus clinical intervention for the treatment of major depression. [Farsi] Koomesh 2012, 13(2):218-224.</td>
<td>Article translated from Farsi to English, however there were difficulties understanding translated article. Author was contacted but no response.</td>
</tr>
</tbody>
</table>


Intervention not trialled as an RCT; only one trial condition.

Intervention did not meet intervention criteria for review: intervention was platform for therapist-involved (guided) therapy.

Not RCT, no comparison group, no mental symptomology measures.

Not an RCT and no comparison group used.

Not an RCT and no comparison group used.

Case study detailing one student

Described intervention development only. No RCT conducted.

Not an RCT and no outcome data used.


Was RCT but intervention did not meet intervention criteria for review: intervention focused on internet addition, the administered measure assessed internet dependency behaviour and not mental state.

Was RCT but only two conditions - same intervention trialled in both with no no-intervention condition.

Not an RCT: participants were not randomised to the two conditions - assignment based on current residence.