Operational Internet skills	Assignment 1 (max time allowed: 12 minutes)
Opening Web sites by entering the URL in	1. Go to the Web site of the PIVM (unusurive pl)
the browser's location bar;	1. Go to the Web site of the RIVM (www.rivm.nl).
Using text or images with hyperlinks;	2. Click on the link 'Infectieziekten' in the menu on the left. Click on the subject 'Thema's'. Click on the subject 'Hoofdluis'. Click on the subject 'Voorlichtingsmateriaal downloaden of bestellen'
Opening various common file formats;	3. Open the brochure 'Brochure veelgestelde vragen'
Saving files on the Hard Disk;	Save the brochure in "My Documents".
Navigating forward and backward between pages using the browser	4. Use the back button to go back to homepage of the RIVM Web site.
Bookmarking Web sites.	5. Add the homepage to the Favourites (or bookmarks)
Operational Internet skills	Assignment 2 (max time allowed: 8 minutes)
Operating Internet-based forms:	6. Go to the Web site of MinVMS (www.minvws.nl).
	Click on the link 'Uitgebreid zoeken.'
Using the different types of fields and buttons;	Complete the fields using the information given.
Submitting a form.	7. Execute the search function and open the third search result.
Saving files from the Internet on the Hard Disk.	8. Save the logo of the MinVWS on the desktop of the computer.
Formal Internet skills	Assignment 3 (max time allowed: 10 minutes)
Not becoming disoriented when navigating within a Web site;	1. Go to the website of ZonMW (www.zonmw.nl).
	Follow the options Onderwerpen / Jeugd / Zorg voor
	Choose the option: 'RIVM/Jeugdgezondheid'.
Not becoming disoriented when navigating between Web sites;	2. In both windows, go to the homepage of the Web site opened:
	Go to the homepage of the RIVM Web site in the new opened window.

Not becoming disoriented when opening and browsing through search results.	Go to the homepage of the RIVM website in the original window.
	3. Perform a search on the ZonMW Web site with the keyword 'infectie'. Open the first search result.
	Open the fourth search result.
Formal Internet skills	Assignment 4 (max time allowed: 10 minutes)
Navigating on the Internet by using	4. Find the addresses of the following three health
hyperlinks (e.g., menu links, textual links, image links) in different menu and Web	organizations. Use the Web sites of the organization:
site layouts.	ISALA Clinic in Zwolle (www.isala.nl).
	BOSK Organization for the disabled (www.bosk.nl/).
	GGZ Enschede (www.ggznederland.nl)
Information Internet skills	Assignment 5 (max time allowed: 12 minutes)
Locating required information, by:	1. Imagine: you would like to know more about the H1N1
Defining sourch outlant or quaries.	influenza. This was originally called the Swine Flu. Answer
Defining search options or queries;	the following question, using the Web site of Dokterdokter
Selecting information (on a Web site);	(www.dokterdokter.nl): Why is the name Swine flu not correct?
Evaluate information found.	
Information Internet skills	Assignment 6 (max time allowed: 12 minutes)
Locating required information, by:	2. Imagine: during a hike you are bitten by a tick. A red spot
Choosing a Web site or a search system	appears that increases. This is a sign you have been infected
to seek information;	with Lyme borreliosis. A friend recommends you to start
	with an antiviral (remedy against viral infections) immediately, since Lyme's disease can have very unpleasant
Defining search options or queries;	consequences, especially when treatment starts too late.
Selecting information (in search results);	Answer the following question using a search engine (e.g.,
Evaluating information sources.	Google or the Web site you use at home): Is it a good idea to start an antiviral remedy?
Information Internet skills	Assignment 7 (max time allowed: 12 minutes)
Locating required information, by:	3. Imagine: the last few months, your son has been suffering
Choosing a Web site or a search system	from back problems. His back shows a deviation to the left.
to seek information;	It looks like one leg is shorter than the other, although this
,	does not appear to be the case. Answer the following
Defining search options or queries;	question using a search engine (e.g., Google or the Web site you use at home): What is the name of the condition your
Selecting information (in search results);	son suffers from?
Evaluating information sources.	

Strategic Internet skills	Assignment 8 (max time allowed: 12 minutes)
Using the Internet, by:	1. Imagine: you have a three year old son. Your mother gives you the advise to give him extra vitamins A and D. She
Developing an orientation towards a particular goal;	believes these are necessary for a healthy growth. Answer the following question using a search engine (e.g., Google or
Taking the right action to reach this goal;	the Web site you use at home): Would you give your son both extra vitamins A and D?
Making the right decision to reach this goal;	
Gaining the benefits resulting from this goal.	
Strategic Internet skills	Assignment 9 (max time allowed: 30 minutes)
Using the Internet, by:	2. Imagine: your mother is 82 years old. Lately, she has been
Developing an orientation towards a particular goal;	suffering from dementia and impaired hearing. You decided to find a homecare organization in Enschede that has a special caring program for these conditions. You also would
Taking the right action to reach this goal;	like the organization to organize daily activities for seniors. Use the Internet to find a homecare organization in
Making the right decision to reach this goal;	Enschede that meets your demands.
Gaining the benefits resulting from this goal.	